

# Fashion Sewing 101 Fabric Swatches

## Woven Fabrics

Plain Weave



Twill



## Knit Fabrics

Jersey



Tricot



## Non-Woven Fabrics

Faux Leather

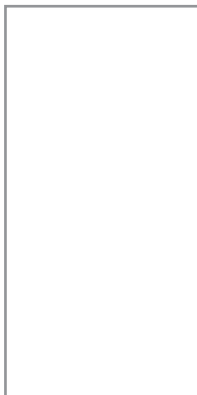


Felt



## Fabric Weights

Light Weight



Charmuse  
Chiffon  
Crepe (silk)  
Gauze  
Fine Jersey  
Lace  
Lawn  
Muslin  
Organza  
"Shirt Weight"

Medium Weight



Batiste  
Chino  
Corduroy  
Crape ( silk, rayon)  
Denim  
Doupioni  
Faille  
Flannel/Flannelette  
Georgette  
Jacquard  
Jersey  
Muslin  
Satin/ Sateen  
Poplin  
"Suit Weight"

Heavy Weight



Boucle  
Canvas  
Corduroy  
Denim  
Tweed  
"Coat Weight"  
Polar Fleece

## Interfacing

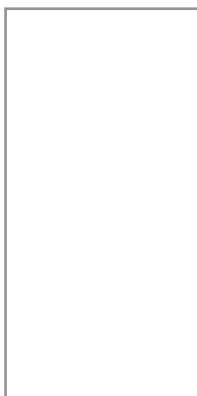
Light Weight  
Knit



Medium Weight  
Woven  
Glue Dots



Medium Weight  
Non-woven  
All Over Glue



Heavy Weight  
Non-woven



## Other fabric Notions

Fusible Web

4 Fold Bias  
Binding

Tricot Seam  
Binding

# Sewing 101 Sewing Samples

## **Basic Seam:**

- Stitch Length: 2.5
- Right sides of fabric together
- Standard Seam Allowance
- Begin and end with bartack or tie-off
- Finger press without stretching to continue
- Press using appropriate tools to prevent marking the right side of the fabric.
- Finish seam allowances

## **Additional Notes:**

- Adjust stitch length for fabric thickness
- Adjust seam allowance for curved seams

## **Finishing the Seam Allowances:**

- Turn and stay stitch the edges
- Zigzag over with **Edging Foot**
- “Pink” with Pinking Sheers
- Finish with bias tape
- Serge (overlock) the edges

**Enclosed Seams:**

Seam is sewn and the seam allowances are finished at the end of the operation. Very fine French seams are traditionally used in lingerie and with lightweight and sheer fabrics. Welt seams are more durable and are traditionally used in sportswear and work wear.

**French Seam:**

- Shorten stitch length appropriately for weight of fabric (2 mm)
- Wrong sides of fabric together
- Sew with a  $\frac{1}{8}$ " less than half the seam allowance
- Press the seam allowance open carefully
- Fold the panel exactly on the seam bringing the right sides together and press again
- Sew on the actual sewing line
- Press the enclosed seam allowances to the back or right using a tool to prevent marking

**Flat-Felled:** the welt will be on the inside

- Stitch Length: 2.5
- Wrong sides together
- Standard seam allowance
- Press both seam allowances to one side (usually to the back or right side)
- trim the "under seam allowance" by about  $\frac{1}{2}$
- Turn and press the other seam allowance around and under the trimmed edge.
- Press the seam flat again
- Edge stitch along the fold through all layers

**Welt Seam:** welt is on the outside

- Sewn exactly like the Felled seam but starting **Right Sides Together.**

Adjust the seam allowance width appropriately for the weight of fabric.  $\frac{5}{8}$ " works for lightweight fabrics but heavy fabrics will need  $\frac{3}{4}$ " or more. The width of the welt is based on the amount removed from the one seam allowance.

## **Curved Seam Sample**

### **Round neckline with Facing:**

- Reduce the stitch length (1.5 -2 mm)
- Stay stitch close to the stitching line of one piece
- Change stitch length appropriately
- Sew the seam
- Understitch the seam allowances to the facing
- Press the finished neckline

### **Stitch in the Ditch Sample:**

- Cut pieces. Apply interfacing to the band and press the band in half wrong sides together.
- Finish what will be the inside seam allowance (serge, overcast, or seam binding)
- Place band with the unfinished seam allowance on the panel, right sides together
- Press the seam allowances all towards the band
- Fold the band over to the inside
- Stitch in the crease of seam that attached the band to the panel.

## **Eased Seam**

### **Cuff Sample:**

- Cut 2 pieces
- On one piece trim 1/16" from one long side and both ends.
- Press the seam allowance back along one side of the larger piece
- Layer pieces right sides together with the smaller piece on top.
- Matching the untrimmed edges with a tie-off/backtack sew about 1/2" and stop needle down.
- Slightly stretch the shorter fabric on top to match the corner on the longer piece.
- Sew to the corner and stop needle down
- Pivot the fabric and sew 1/2", stop and ease the upper fabric to match the lower and continue to the second corner.
- Complete the last side, again easing the shorter to match. Finish with a tie-off/ backtack.
- Under stitch as much of the longer side as possible.
- Carefully press with the long side up, easing the seam crease to the underside